

**Are you worried
about your
memory?**



Join us for a free

Memory Information Session

at

Threeways Surgery, Pennylets Green
Stoke Poges, SL2 4AZ

Thursday 24th January, 10.30 – 12.30.

The session will last for two hours and will include:

Understanding Memory

Memory Tips

Coping Strategies

Access to a wide range of information

Signposting to other services and organisations

For more information call the Memory Support Service on

01296 331749

memorysupport@alzheimers.org.uk



Registered charity number 296645

